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Follow-up Form

This is the format for your progress report for you to fill out for day #3, day #10, and other reports that need to be sent in via e-mail to assist with your case management. Please make extra copies of this form for future follow-up appointments or download the form from http://www.newlifehomeopathy.com/office_forms.cfm . You are welcome to send additional journaling or other information on another sheet as stated in question #12. Be sure to put the patient's name in the Subject of the email.

E-MAIL: farahgron@yahoo.com

1. What is the remedy you are taking? How often? How many succussions? How much? (for example: Nat Mur 30C, every 3 days, 2 succussions, 4 drops from the bottle and 4 drops from the first cup).
2. Did any of your existing symptoms improve since your appointment with Farah? If so, which ones?
3. Any new complaints or symptoms that have appeared? If so, which ones?
4. Did any of your symptoms worsen? Which ones and to what degree?
5. Did any new events (stress, physical or emotional events) happen between your last visit and now that have affected you?
6. Are you dealing with life or stress any differently since the last appointment?
7. How has your mood been? How are you feeling in general since your last appointment?
8. Are you taking less of your medications, more or the same?
9. How is your sleep? Any changes in your sleep pattern since your last appointment...more or less hours, restless, deeper, sounder sleep, etc?
10. Any new tests or other doctor visits to report? Have you done anything new in-between visits (i.e. started herbs, acupuncture, etc)?
11. Any recurrent dreams or themes of your dreams that you are having?
12. Anything else you want to communicate? Please use this question to add any journaling or more detail that you want to communicate to Farah.